

ANNUAL REPORT

2022/2023



Step Up ♡ Speak Out ♡ Support!





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Letter from CEO & Founder

*"Alone you go faster,
Together we go further"*

African proverb

It's hard to believe, Friends with Dignity have been going strong now since 2015. It has been a whirlwind to say the least!

Having stepped away from my previous NFP after 3 years and evolved into an organisation that is collaborative and sustainable is something I could never have imagined. But I do not stand alone. Without a strong team and support this would not be possible.

I am supported by an amazing Board of Directors and the most committed and passionate Leadership Team who are all volunteers. These individuals not only assist me in the planning but are integral in the implementation and sustainability of the programs and services we offer to all agencies and frontline services.

In the last 8 years I have met the most amazing people I am so proud to work with and equally humbled to call my Friends. I have grown both professionally and personally. Understanding the essence of what a volunteer is and what makes them choose to work with you is something I am grateful for everyday and never take for granted.

Before going forward, I would like to offer you a recap of the last 8 years and where it all began.

I am married, a mother of 3 and granny to 1. My passion for helping people was deeply entrenched by my family who always had an "open door" policy. No one should ever go without or be alone! There was always enough food on the table but most of all love.

I was taught and shown that we have two hands, one for receiving and the other for giving so it was something I have always practiced and hopefully passed onto my next generation.

I was born in Mozambique and grew up in South Africa. Immigrated to Australia in 2010 and now living life on the Gold Coast. I have been a registered nurse for over 27 years where my passion to help people made going to work something I always looked forward to.



Manuela Whitford
Chief Executive Officer/Founder

Starting my charity work in 2012, after being exposed to the prevalence and complexity of domestic and family violence it was evident that everyone has the capacity to make a difference. By engaging my neighbours, friends and extending this through the community, I was not only raising awareness of this insidious crime invading our space but reducing landfill and engaging people in a practical and tangible way. Creating a movement in assisting others facing the financial burden and after-effects of domestic and family violence takes a collective approach. I am constantly inspired and in awe of people's resilience and how the generosity of one can be so life changing for another.

Having only recently resigned from Queensland Health and now fulltime employed in the Charity, I have the time and focus to facilitate the growth and the ongoing demand of assistance and support to all adults and children impacted by Domestic and Family violence as we extend our services and programs Nationally.

*No one should ever go
without or be alone!*

Since 2015, having been mainly focused on the Gold Coast, Friends with Dignity now support services and frontline agencies across SE Qld, NSW, WA and most recently Victoria.

We have furnished over 1000 homes through our Sanctuary and Urgent Request programs.

Over 15,000 people assisted and supported and over 800 children awarded financial scholarships for educational and extra-curricular activities.

We have experienced a 46% increase in demand year on year which is reflective of the hardships people are facing everyday as a result of Domestic Violence. It is evident that the financial crisis has extended further not only to people facing adversity but to almost every household having to manage inflation, rise in the cost of living expenses and the constant interest hikes. Our everyday donations have reduced substantially, and we don't only understand this but can absolutely relate and appreciate the challenges we are all facing.

In 2021, Friends with Dignity was fortunate to be able to offer employment and we welcomed our first employee Friend, Tracey Wickham who stepped into the National Community Engagements and Fundraising manager. Focusing on engaging corporates and building relationships and securing partners has been a highlight for us all. We are so grateful to our Corporate Partners who have helped us sustain and continue our support to those who need us most.

As we move into 2024, I am confident we are well equipped to continue delivering our supportive

programs. My commitment to ongoing review, assessment and strategic planning will ensure the sustainability and growth of the organisation making a difference not only to me personally but to all our volunteers, donors, friends and family but most of all to the individuals and families we assist.

We have furnished over 1000 homes through our Sanctuary and Urgent Request programs.

I remain hopeful that one day my position becomes redundant and that domestic and family violence forms part of our history, however until then, I and the Friends with Dignity Team will continue to Step Up, Speak Out and Support all those impacted by domestic and family violence.

Thank you for your trust and faith in all we do here in Friends with Dignity and I take this opportunity to wish you all a safe and happy festive season.



Who We Are

Our Mission Statement

A collaborative national not for profit focused on improving the quality of life of any adult and child impacted by domestic Violence through the provision of financial and tangible resources, programs and scholarships and enhancing the personal safety of individuals.

Our Vision

To ease the impact of Domestic Violence on Individuals and the Community regardless of race, ethnicity, gender or sexuality.

Our Values



Respect



Compassion



Integrity



Empathy



Commitment



Empowerment



Dignity



Collaborate



Our Board Members

Executive Team



Manuela Whitford
CEO / Founder



Darrell Whitford
COO

Non-Executive Team



Jeri Childers
Non-Executive Director



Nicole Madigan
Non-Executive Director

Leadership Team



Tracey Wickham
National Fundraiser
and Community
Engagements Manager



Jay Botha
Finance Manager



Vicki Kersey
National Programs
Manager



Renee Henville
National HR Manager



Melissa van der Burgt
National FriendSafe
Program Manager



Decinda MacDonald
National Events
Manager



Jaqui Brosnan
National Scholarships
Manager

Our Volunteers

Overview of our Volunteer program

Friends with Dignity relies heavily upon volunteers to achieve its goals. The profile of a volunteer is:

- Treating others with kindness
- Being true to oneself and others
- Emotionally intelligent
- Working together towards a shared goal

Friends with Dignity is an Australian based not-for-profit operating across the nation with over 190 volunteers to provide equal opportunity and meaningful support to survivors of Domestic and Family Violence.

Goal: To provide any adult and child with the **practical resources** to move forward from their experiences with **purpose, dignity, and hope**, and providing tangible ways in which we can all **"Step Up, Speak Out and Support"**.

Existing High-Impact Programs

The Sanctuary Program

Fully furnishing 'sanctuaries' for Domestic Violence survivors using preloved household items sourced from the community.

FriendSafe

Providing personal safety devices and security options to Domestic Violence Survivors.

Urgent Request & Little Friends Requests

Responding to referrals fulfilling monetary and tangible item requests.

Little Friends Scholarships

Providing the children, Our Little Friends, with financial support to further their education and/or extracurricular activities.

Stats for 22/23



190

Active volunteers across the country

WA
28

NSW
47

SA
4

QLD
111



The average age of our volunteers is

40-49 years old

The current work status of our volunteers is primarily full time and part time employees looking to give back in their spare time.

We also have students, stay at home parents and retirees.



Roles of Volunteers

There are so many different opportunities to become involved with Friends with Dignity. Positions include:

- Back of house administration
- Sanctuaries – Team Leader or general sanctuary volunteer
- Community Liaison – develop and implement local and corporate engagement
- Fundraising Coordinator – assist with the coordination and administration activities of fundraising
- Inventory Coordinator – monitor and report on the donation inventory levels throughout the storage unit
- Logistics Coordinator – manage and coordinate logistics of donations offered and received
- Sanctuary Assistant – to assist the Sanctuary Team Leader in setting up a Sanctuary
- Sanctuary Team Leader – to lead a team of sanctuary volunteers to successfully complete a Sanctuary
- State Programs Manager – to assist with the coordination and administration activities associated with requests received from registered DV services or related organisation



How to Volunteer

Registering with FWD is easy. We welcome anyone who is passionate about our cause. Simply follow this link: <https://www.friendswithdignity.org.au/volunteer-with-us/>. A police background check is required at a minimum cost of \$29.90. Once the police check has been obtained, complete the online application form.

Corporate Volunteering

Friends with Dignity recognised an opportunity to engage their Corporate network through a more tangible and collaborative approach. After completing a successful 6 month trial in 2022, each of our Corporate partners signed up for a month where they would provide a team to attend our Warehouse and assist with various activities and duties to support the efficient and smooth running of our Programs. We Thank all our Corporate partners who joined us in 2023 and look forward to seeing you all back in 2024.

How to Volunteer Registering with FwD is easy. We welcome anyone who is passionate about our cause. Simply follow this link: <https://www.friendswithdignity.org.au/volunteer-with-us/>. A police background check is required at a minimum cost of \$29.90. Once the police check has been obtained, complete the online application form.



Our Partnerships

We welcome the opportunity to partner with businesses of all sizes.

Our Platinum, Gold and Silver partnerships are available for 12-month periods, with the option to extend or terminate after the year.

Through our partnerships, there are so many ways that businesses and their team can help provide practical support for adults and children impacted by domestic and family violence.

A corporate partnership with Friends with Dignity will allow you to attract and retain passionate customers, engage, motivate and unite your employees by creating a culture of giving, and align your brand with a better future for adults and children in Australia.

Our partners are well recognised for their support through our ongoing marketing initiatives, and at each of our signature events, among substantial, sophisticated audiences who appreciate your commitment to our community.

We have a dedicated National Fundraising and Community Engagement Manager who works closely with our corporate partners so that businesses have a positive and meaningful corporate social responsibility experience with us.

<https://www.friendswithdignity.org.au/corporate-partnerships/>



Silver Sponsor

Prestige
SHOPPING CO

In-kind Partnership



**Minter
Ellison.**

Little Friends Scholarship Supporters



Foundation Supporters



Community Bank
Tugun



Media Partnerships



Community Engagement

Friends with Dignity have been actively engaging the community encouraging individuals, groups and organisations to Step Up and become part of the solution, Speak Out against domestic violence and assist in providing Support to survivors.

There are so many ways that we engage with the community including speaking at events, schools, businesses and community groups.

Creating and providing ongoing awareness of our charity is vital to the success of Friends with Dignity. Community Engagement not only builds awareness but it encourages people to volunteer, collaborate and support those in their local Community

and equally advocates for all those impacted by Domestic and Family Violence.

Our local community are also integral to our collection drives hosting collection points where people can drop off donations of goods for our sanctuary program as well as supporting our special drives such as the April Pyjama Drive, Gifts for Friends Christmas Drive and Back to School Drive.

Our volunteers work so hard to pack and sort these donations annually making sure that our services have gifts for the families for Christmas and the start of the school year.



For Christmas 2022 we were kindly gifted the Christmas tree at Harbour Town Premium Outlets at Biggerra Waters with a donation of \$5000 of incredible toys.



The Fitch Group created amazing back packs for our Newcastle team as a team activity that saw many children receiving these lovely packs to start their school year off.

Fundraising

At Friends with Dignity there are many ways that we fundraise to help fund our work.

Over this past year this has included our own events such as our High Tea with Friends events in Newcastle and Perth, our Brisbane and Gold Coast balls. We also held a Little Friends Giving Day to

support our Little Friends Scholarship Program.

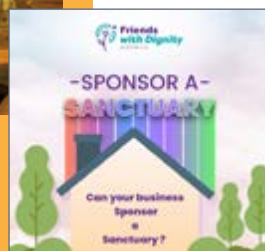
We got creative too and hosted Sip and Shine sessions supported by The Chroma Club in Miami. Start new sentence after Miami. Painting donated lampshades that are then placed in the homes we furnish through our Sanctuary program.



Charity Business fundraiser



Sponsor A Sleigh, designed as a fundraiser to assist in covering the costs of logistics throughout our Gift for Friends Christmas Drive. In 2022, \$4000 was raised by local businesses choosing to Sponsor A Sleigh and recognising the need to assist in covering fuel and transport costs. Thank you, and we look forward to your sponsorship again.



Sponsor a Sanctuary is designed to assist our charity with the costs involved with our Sanctuary program. The fundraiser assists through the donation of \$500 to assist in creating a home for a family impacted by domestic violence.

Independent Fundraisers

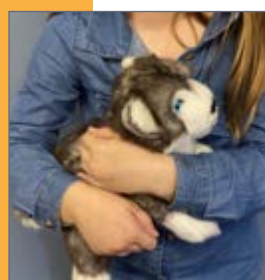
Additionally, we are supported by other events that are run by others who choose to support us.

These can be lunches such as the Gold Coast Local Charities Lunch, The Breeze Long Lunch and Women in Bloom events through to Women in Design and Construction choosing us as their charity for a number of their Christmas events.

PKF International supported Friends with Dignity with forgoing a conference gift for attendees and instead donating \$5300 to our charity.

Our Independent Fundraisers also run a variety of smaller events each year by creating a Fundraiser page on My Cause. This has been a wonderful way for the community to come together for our charity.

Follow the Sun set out to complete the Gold Coast Marathon 2023 helping to raise money for Friends with Dignity and did just that raising \$1180.



Buy A Buddy program

For every donation over \$25 to Friends with Dignity, Bocchetta Plush Toys donates a Plush Buddy to a domestic violence child survivor. Plush stuffed animals help young children work through their emotional feelings.

We place these dogs on the beds of children when we are furnishing homes in our Sanctuary program.

<https://www.friendswithdignity.org.au/buy-a-buddy/>

Our Grants

Grants play a critical role in the funding of our grass roots activities. The past year was a very successful year in this department, resulting in more grants being won than in the prior year. Subsequent to this, Friends with Dignity was able to help more Adults and children impacted by Domestic and Family Violence.



11

Friendsafe

Devices with Annual Monitoring provided

LITTLE FRIENDS SCHOLARSHIP

116

Scholarships awarded, capped at \$500 each



12

Urgent Requests



Sanctuaries

Around

102

Fridges & Washing Machines, as well as other household goods purchased & distributed to Victims of Domestic Violence



Storage Units

Grants covered several units storing donated items which are distributed.



Transport & Freight

New Trailer purchased used to move household goods

Special mention to the following, for their unbelievable support; Alinta Energy, Lord Mayor's Charitable Trust, Smartgroup Corporation, Port of Newcastle, CCI Giving, Queensland Community Foundation, James Frizelle Charitable Foundation, Whitehouse Foundation, Community Bank Tugun and LJ Hooker Foundation.



Jay Botha & Jaqui Brosnan receiving a grant towards Little Friends Scholarships from the Lord Mayor's Charitable Trust



Our brand-new heavy-duty trailer, bought from the Tugun Community Bank grant.

Our Events

Built on the foundation that change is affected through community engagement, events are vital to the work of Friends with Dignity. Events bring people together under a common goal to facilitate connection, promote community and bring about change, on a level that only large-scale gatherings can.

Our organisation receives no government funding, so relies on donations, corporate sponsorship and fundraising to fund our many programs.



MARCH BALL BRISBANE
HIGH TEA BRISBANE
GOLD COAST BALL
SIP & SHINE



Our Programs



Sanctuaries

Working with the community, we source pre-loved and new household items to fully furnish homes (Sanctuaries) within 7 days for Survivors of Domestic and Family Violence enabling them to move forward with purpose, dignity and hope.



Urgent requests

Providing essential items on a time critical basis (less than 48 hours) to survivors and refuge centres which may include household items and crisis packs of personal care items.



Friendsafe program

Provides monitored personal safety devices to individuals or families affected by Domestic and Family violence throughout Australia to be used in conjunction with their Safety Management Plan.



Little friends

Aims to ensure that child survivors are not disadvantaged in the transition to a safe environment by supplying items designed to provide comfort and educational support.



Little friends scholarships

We provide bi-annual monetary scholarships to children who have faced Domestic and Family Violence throughout Australia. These scholarships give these children the ability to either further their education and/or participate in extra-curricula activities that they may not be able to pursue due to the financial impact of Domestic and Family Violence within their family environment.



Community engagements

We work to encourage individuals, groups and organisations to Step Up and become part of the solution, Speak Out against domestic violence and assist in providing Support to survivors.

Our Programs

The Sanctuary Program

Our Sanctuary Program transforms houses into homes for people who have escaped domestic violence to start their new journey with dignity, free from abuse.

Transforming Houses into Homes

Our dedicated volunteers work hard to create a Friends with Dignity Sanctuary using items donated by our supporters—household and personal care items, gift cards and financial donations.

We work on a referral basis only through registered referring agencies who contact us with a request.

The referring agency tells us a little bit about the family—how many people will be living in the home, how old they are, if there are any special requests which then helps Friends with Dignity personalise their sanctuary.

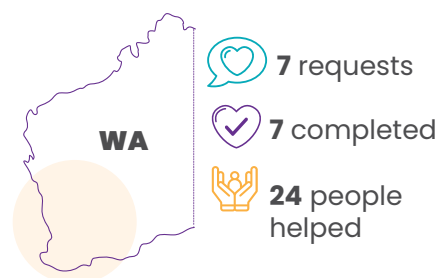
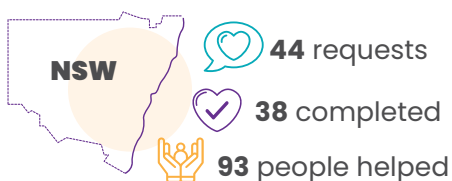
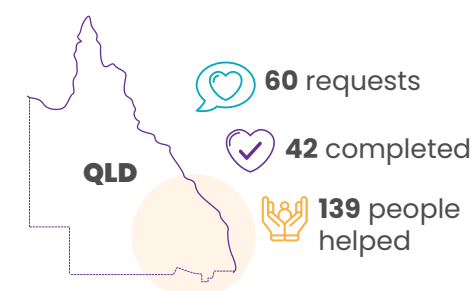
In **22/23** we have assisted with



&



State x State



201
Services registered

Support worker:

"Thank you for your continued support, I consider the Friends with Dignity team real life angels. The work that goes into each home is always appreciated and never goes unnoticed. I get super excited to see the properties myself. The client also has since messaged me to say she has settled into her home and is starting to notice more and more that has gone into making my home a house.

I cannot believe there are people out there who would do this for me. I am so excited to start this next chapter in my life and be able to do so with pride."

Support worker:

"Sanctuary was completed for a mum with 2, one of which has special needs. The sanctuary had been prepared with great thoughtfulness and attention to detail. The use of the space was amazing and the sanctuary was completed quickly.

To say that the client was thrilled is an understatement. She wandered from room to room and was delighted looking through her bags of goodies. When she got to the children's room she covered her face with her hands and cried."

Support worker:

"Thank you so much to the FWD team for the love, time and effort that was put in to make our Jenny's Place Mum and children feel at home.

I appreciate the extra effort that went into getting furniture up the lift, and ensuring that the space had enough to accommodate the children.

Your work, time, effort and team are without a doubt appreciated. You make our job more manageable, you impact our clients and their children. You make what seems impossible, more possible.

Thank you so much.

View our Sanctuary video

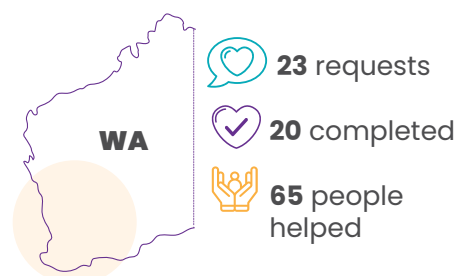
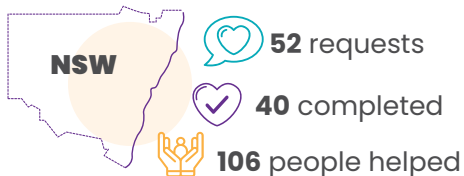
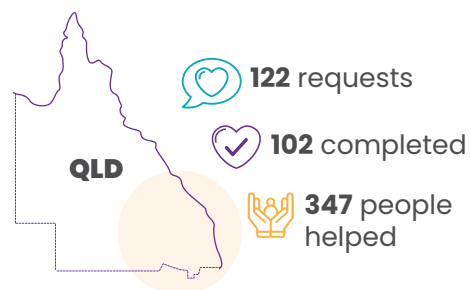
<https://www.friendswithdignity.org.au/sanctuary/>

Our Programs


Urgent Requests

Urgent requests are filled for people in refuge or that have already settled in their new homes. Their clients may have just arrived in refuge and need some toiletries for themselves, or they may have just moved into their new home and need some kitchen items. They may also have a bill to be paid, or need to fund something like driving lessons or car repairs.

State x State



Monetary Requests

 **\$28,819.97**
Requested

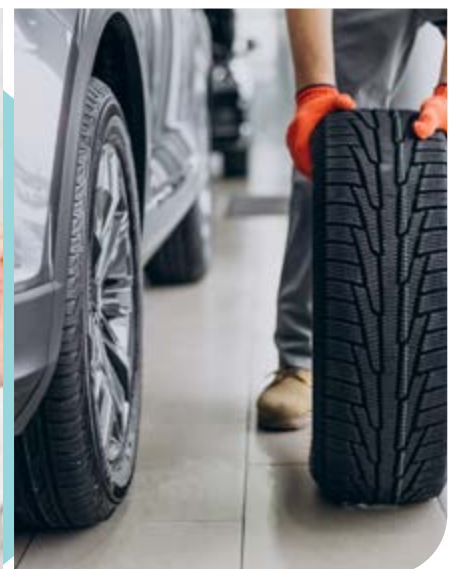
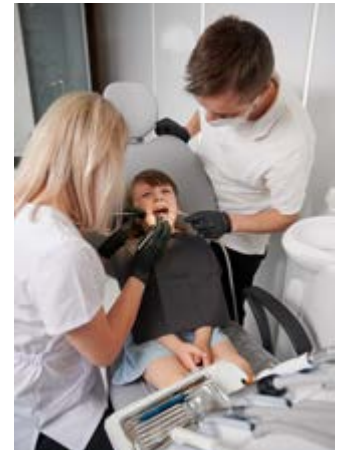
\$14,563.96
Raised and paid out
in urgent requests

In **22/23** we have assisted with

 **162**
Urgent Requests

HELPING  **518** People

 **&**
\$14,563.96
worth of financial assistance requests

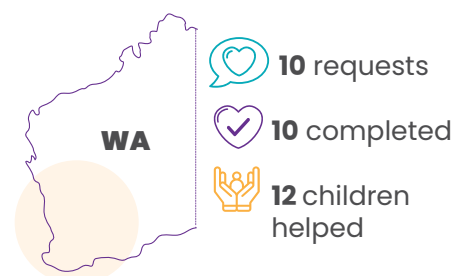


Our Programs


Little Friends Requests

Little Friends Requests are filled for children in refuge or that have already settled in their new homes. The family may have just arrived in refuge and need some nappies for their baby, school items, extra-curricula equipment or fees paid.

State x State



Monetary Requests


 **\$6936.23**
Requested

\$3786.50
Raised and paid out

In **22/23** we have assisted with

 **22**
Urgent Requests

HELPING **27**  children

&
 **\$3786.50**
worth of financial support



Our Programs

Little Friends Scholarships

The Friends with Dignity Little Friends Scholarship program provides bi-annual monetary scholarships to children who have faced Domestic and Family Violence. Our scholarship program has been established to ensure that all children have the ability to either further their education and/or be able to participate in extra-curricular activities that they may not be able to pursue due to the financial impact of Domestic and Family violence within their family environment.

Through our scholarship, Friends with Dignity have assisted children by paying school fees, funding the purchase of laptops and tablets, funding swimming lessons, equine therapy for children with mental health issues and PTSD, enabling children to go on school camps with their peers, buying new uniforms for children who have changed school yet again in an effort to flee their perpetrator, enabling kids to pursue their passion in music, dance, drama and sport.



2023 saw Friends with Dignity start the year with our sixth year of our Little Friends scholarship program. Back to school expenses immediately following Christmas makes it a very difficult time for many families in our community. The ability to provide all that is required for children to start at or return school with everything they need for their new year, or the ability participate in extra-curricular activities can be out of the reach for many families and these children feel this isolation and insecurity. New uniforms for ever growing children, school fees, book lists, laptops, school camps, swimming lessons and sporting and music tuition fees topped the list of expenses each year for the 113 applications we received.

Total funds awarded since the commencement of this program

\$326,881

What some of our recipients have said:

"I want to share with yourself and your sponsors how grateful, I am to receive your scholarship for my two granddaughters. I have used the funds to pay for their swimming lessons. Being a kinship carer to my granddaughters and having had to give up work to care for them has been financially very difficult. This scholarship has been such a blessing as I can now ensure they will get those lessons to ensure their safety even if I don't have the funds.

Thank you so much for your generosity to help our next generation."

"Wow thank you so much! I'm quite blown away by this to be honest, it is so uplifting to know there are wonderful people and organisations like yours that exist to help families through such dark times. This will be such a huge help to my kids at this time and I can't explain how grateful we are. Really appreciate all that you do for the community and especially what you have done for us. Thank you from the bottom of my heart."

View our Little Scholarship video

<https://www.friendswithdignity.org.au/little-friends-scholarships/>



Our Programs

My Personal Safety Device

Using revolutionary technology to aid domestic violence survivors, a Personal Safety Device looks and acts like any other smart watch, with the important additional feature: the ability to connect with emergency services any time of the day or night 365 days a year, with the push of a button, eliminating the need for a phone.

The FriendSafe program is an initiative established to ensure everyone is able to practice a basic need of feeling safe and access to an immediate response when feeling threatened or at risk.

Complementing the Friends with Dignity Urgent Request program, the FriendSafe initiative will provide an extra level of security to help those who have fled a violent situation, as well as those who may still be at risk, by providing them with a Personal Safety Device. We can provide a fully funded 12-month program providing a Personal Safety Device PLUS a 12 months of associated 24/7 monitoring for those who are referred by a registered agency, service or organisation, with the device to be used in conjunction with their Safety management Plan



To support the Friendsafe program, Friends with Dignity sells My Guardian Angel Personal Safety Alarm, who protect you and your loved ones when they need it most in our online store - <https://www.friendswithdignity.org.au/product/personal-safety-alarm-light-pink/>

View our Friendsafe video

<https://www.youtube.com/watch?v=Eif2Kr5ZuRU>

To fund a device
for a year

(including 12 months
monitoring) costs

\$1200

100% of proceeds
go to fund the
Friends with Dignity
FriendSafe Program.



Charity Timeline

2015

Charity Formed

2017**25** Little Friends Scholarships awarded**2018****15** Little Friends Scholarships awarded**2019****93** Little Friends Scholarships Awarded**2020****158** Little Friends Scholarships Awarded**63** Sanctuaries**123** Urgent Requests**2021****165** Scholarships Awarded**67** Sanctuaries**194** Urgent Request**2022**

Little Friends Giving Day

140 Little Friends Scholarships Awarded**74** Sanctuaries**142** Urgent Requests**2023****77** Sanctuaries**188** Urgent Requests

Our Finances

Charity reporting 22/23

It was a remarkable year in which Friends with Dignity saw an increase in both Income, as well as Service provision expenses. This means due to additional funding received, Friends with Dignity was able to help more Victims of Domestic Violence.

Service provision expenses increased by 46% year on year. As can be seen from above result, donations are, within a quick turnaround time, reaching those whom desperately need our help.

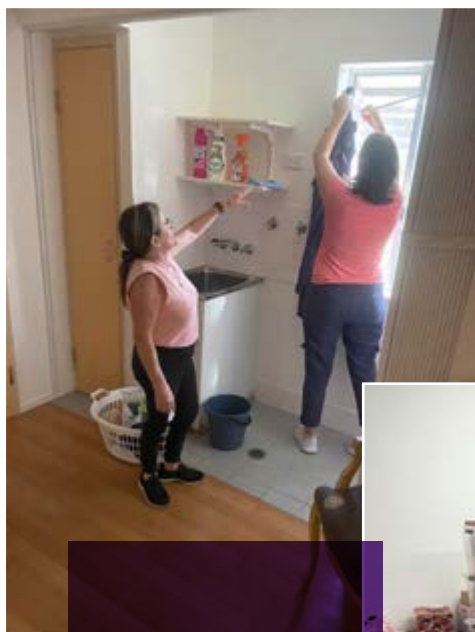
As a Not-For-Profit, we most certainly felt the increase in costs given inflationary pressures. That said, through strict budgeting, planning and monthly reviewing thereof, we were able to not only adapt, but to grow. As a result, Friends with Dignity marginally increased it's contingency reserves.

Given how fluid the current environment is, having a financial buffer to weather the storm, will mean

Income	\$ 957,572
Expenses	(\$ 935,233)
Profit	\$ 22,339

our NFP can continue the work that we do through our volunteers, on a sustainable basis. Further to this, we noted an increase in both Corporate, as well as in Charitable Foundation support to our NFP. We believe this is an acknowledgement of our commitment, and our professionalism.

Friends with Dignity is registered with the Australian Charities and Not-For-Profits Commission (ACNC), a copy of our Annual Financial Statements can be found on their portal for those seeking more information. Friends with Dignity is Independently Audited every year, and endorsed with Deductible Gift Recipient status (DGR1) from the ATO.





How you can help

Donate

Our organisation works in collaboration with registered referral agencies to respond to any requests for assistance. This includes transforming houses into homes, providing essential items, offering scholarships to ease the burden of education and extra-curricular costs and providing a personal safety device so that help is available at a touch of a button. Donating to us ensures we can sustain our programs and reach as many adults and children affected by domestic and family violence



Sponsorship

Become a corporate partner. Friends with Dignity is 100% self-funded and currently does not receive any government funding.

We achieve our funding through Corporate Donations, Sponsorship (both in-kind and financial) and hosting major Fundraising Events.

By becoming a Corporate Partner or Sponsor of Friends with Dignity, you'll be joining some of Australia's most significant organisations sending key messages to your target audience and a strong message of social responsibility.

There is no other investment that will give you a greater return to your target market

Our partnership opportunities include Financial and non-financial assistance and are tailored to ensure that all parties benefit from the collaboration.

Donate Material

We rely on the community and businesses donating goods both used and unused (in clean and good condition) to furnish homes in our Sanctuary Program as well as assist with fulfilling Urgent Requests.

You can upload an image of what you would like to donate and our Donations Coordinator will be in touch to arrange collection.

We accept goods such as lounge suites, furnishings, beds, mattresses and bed frames, décor, artwork, linen and kitchenware.

Fundraise for Us

Hosting a workplace drive or an independent fundraiser is a great way to encourage others to Speak-Out against domestic violence and at the same time, provide much needed support for our Programs.

We've found that there are so many members of our communities wanting to help in the fight against domestic violence, yet they are unsure how to.

A drive or fundraiser is a great way to bring these individuals together! Promoting conversations around domestic violence that are focused on support and solutions, the items and funds raised or donated go directly to domestic violence survivors.



How you can help

Volunteer

Volunteering with Friends with Dignity is an amazing opportunity to be a part of a team that aims to restore dignity and hope to survivors of domestic violence.

Our range of programs provide many different ways in which you can help and we are always looking for compassionate, enthusiastic people willing to StepUp SpeakOut Support and join our growing teams throughout Australia.

We believe in having fun whilst volunteering and doing what you enjoy!

From volunteering in our sanctuary program, to assisting at community engagements and fund-raising events, to providing technical or administrative support, what ever your skills or interests, we would love to have you join us!

Our volunteering arrangements are flexible and we believe in doing what you can, when you can!



Leave a Bequest

Your bequest, will give the greatest gift of all, which is to restore dignity to a family starting a new chapter.

The survivors of domestic and family violence that we assist, typically have nowhere to go, they are left destitute having fled a violent household. They have to pick up the pieces, and start all over again.

Your Gift, will help a family on their journey of recovery, not only restoring their dignity, but also restoring their faith in the community. Through your Gift, these families will know that no matter how down and out you are, there is ALWAYS someone who cares.

Community Drives

When we furnish our Sanctuaries and fulfill Urgent Requests we rely on donations of products to fill the rooms in the home.

To achieve this we have a list of community drives that community groups, schools and businesses can host to help us!

We have drives for Linen, Bathroom, Kitchen, Food, and Pampers Packs and share a list as well as social media tiles and posters to help with the communication of the drives.

These are collected by our fantastic volunteers and are a wonderful way for people to make a tangible donation to our charity.



Friends *with Dignity* AUSTRALIA



Visit our website:
friendswithdignity.org.au



Sponsorship information:
sponsorship@friendswithdignity.org.au



Call us:
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